

Camp Fortune Ski Club

Travel Safety Policy

Effective Date: January ??, 2026



1. Purpose and Guiding Principles

The purpose of this Travel Safety Policy (the **Policy**) is to ensure the physical, psychological, and emotional safety of all athletes participating in Camp Fortune Ski Club (**CFSC** or the **Club**) activities, particularly during travel, overnight accommodations, and transportation.

This Policy is informed by the principles and requirements set out in:

- Alpine Canada and national Safe Sport frameworks
- Athletics Canada Athlete Protection Guidelines
- The Canadian Centre for Ethics in Sport (CCES)
- Canadian Safe Sport Program (CSSP)
- Coaching Association of Canada (CAC) Safe Sport training
- Canadian Centre for Child Protection
- Coaches Association of Ontario

The Club is committed to providing an environment that is safe, inclusive, respectful, and free from abuse, harassment, discrimination, and maltreatment.

2. Scope of Application

This Policy applies to:

- All CFSC coaches both rostered and fill-in
- All chaperones
- All screened parents
- All CFSC Board members
- Any other individuals designated as persons in authority while participating in or supporting CFSC-sanctioned activities

This Policy applies to all Club travel, including competitions, training camps, dryland camps, and any overnight or extended travel related to CFSC programming.

3. Definitions

3.1 Athlete

An individual registered with CFSC and participating in Club-sanctioned programs or events.

3.2 Person in Authority

A **Person in Authority** is any individual who holds a position of trust, supervision, decision-making power, or influence over athletes. This includes, but is not limited to:

- Coaches
- Chaperones
- Team managers
- CFSC Board members when acting in an official capacity
- Any adult designated by the Club to supervise or support athletes

Persons in Authority are subject to heightened standards of conduct and supervision under Safe Sport principles.

3.3 Screened Parent

A **Screened Parent** is a parent or legal guardian who:

- Has completed a criminal record check and vulnerable sector screening acceptable to CFSC;
- Has completed required Safe Sport training recognized by the Club; and
- Has been formally approved by CFSC to act in a supervisory or chaperoning role during Club activities.

Screened Parents may act as chaperones but are considered Persons in Authority for the duration of their role.

3.4 Chaperone

A **Chaperone** is an adult, including a coach or screened parent, designated by CFSC to supervise athletes during travel, accommodations, meals, downtime, and non-training periods.

Chaperones are responsible for athlete supervision, safety, and well-being but are not required to provide coaching unless otherwise designated. They do not have to be in the same accommodation (e.g., shared housing) as the athletes but must be close by, accessible, and able to perform their duties.

4. Safe Sport Training and Screening Requirements

1. Mandatory Training

- All coaches, chaperones, and CFSC Board members must complete Safe Sport training approved or recognized by CFSC.
- Training must be renewed as required by the applicable Safe Sport program.

2. Encouraged Training

- Parents of athletes are strongly encouraged to complete Safe Sport training to promote a shared culture of safety and accountability.

3. Screening

- All coaches and chaperones must successfully complete background screening, including criminal record and vulnerable sector checks, prior to assuming their roles.
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5. Chaperoning Requirements by Age Group

5.1 U16 and Older

- Chaperoning is **the default** for all overnight travel and events.
- Unchaperoned options are also provided.

5.2 U14

- Chaperoning will be determined on an **event-by-event basis**, with chaperoning likely being an option in addition to unchaperoned for:
 - Away camps;
 - Events involving significant travel;
 - Multi-day competitions.

5.3 U12 and Younger

- All events are **unchaperoned**.
- Any exceptions due to risk, travel distance, or other relevant factors require explicitly written approval from the Camp Fortune Board of Directors.

5.4 Chaperone Composition

- Ideally, coaches will act as chaperones.
- Where female athletes are present, there must be **at least one female chaperone** available and accessible.
- Female chaperones may be screened parents or other approved adults and are not required to be coaches.

6. Travel

As stated in the Alpine Canada Athlete Protection Policy, any travel involving Persons in Authority and Athletes shall respect the following:

- Teams or groups of Athletes shall always have at least two Persons in Authority with them;
- For mixed gender teams or groups of Athletes, there will be one Person in Authority from each gender;
- Screened parents or other Athlete Support Personal will be available in situations when two Persons in Authority cannot be present

6.1 Ratios of Athletes to Coaches (or Persons of Authority)

Where possible, there should be a maximum 10:1 ratio between Athletes and Coaches (or Persons of Authority) at all camps and events.

7. Shared Housing and Accommodation

7.1 General Principles

CFSC recognizes that hotels or shared housing is often necessary during travel. Shared accommodations must always:

- Prioritize athlete safety and well-being;
- Respect personal boundaries and privacy;
- Align with Safe Sport standards and this Policy.

7.2 Rules

As stated in the Alpine Canada Athlete Protection Policy, any travel involving Coaches or Persons in Authority and Athletes shall respect the following:

- A Person in Authority may not share a room or be alone in a hotel room with an Athlete unless the Person in Authority is the Athlete's parent or guardian;
- Room or bed checks during overnight stays must be done by two Persons in Authority whenever possible;
- For overnight travel when Athletes must share a hotel room, roommates will be age-appropriate (e.g., within two years of age of one another) and the same gender identity;
- Coaches or Persons of Authority may share housing with athletes **only** where:
 - Coaches and athletes are housed in **separate, private bedrooms**;
 - No Coach or Person of Authority shares a bedroom or bed with an Athlete;
 - Common areas (e.g., kitchens or living rooms) are shared in a respectful and appropriate manner.

7.3 Rooming Rules for Athletes

1. Gender Grouping

- Female athletes must room with female athletes.
- Male athletes must room with male athletes.

2. Age Gap Restrictions

- Roommates must be within a **maximum two (2) year age difference**, unless otherwise approved in writing by CFSC due to exceptional circumstances.

3. “One Head, One Bed” Rule

- Each athlete must have their own bed.
- Bed-sharing is strictly prohibited under all circumstances.

4. Privacy and Boundaries

- Athletes must have reasonable access to privacy for changing and personal care.
 - Coaches, Persons of Authority, and Chaperones must not enter Athlete bedrooms except where necessary for supervision, safety, or emergencies, and should do so with another adult present whenever possible.
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8. Transportation and Vehicle Safety

8.1 General Transportation Principles

- Transportation arrangements must prioritize athlete safety, transparency, and accountability.
- Whenever possible, transportation should involve multiple athletes and/or multiple adults.

8.2 Coach Transportation of Athletes (Ground Transportation)

- A Coach or Person in Authority is permitted to drive athletes to and from CFSC activities.
- No Person in Authority may drive a vehicle with an Athlete alone unless the Person in Authority is the Athlete’s parent or guardian
- One-on-one transportation between a coach or Person in Authority and a single athlete is **not preferred** but may occur **only in extenuating circumstances**, such as:
 - Emergency situations;
 - Unexpected travel disruptions;
 - Lack of reasonable alternatives;
 - With parent’s approval

8.3 One-on-One Transportation Safeguards

Where one-on-one transportation is unavoidable:

- The athlete must sit in the **back seat** of the vehicle;
- The duration of the trip should be limited to what is reasonably necessary;
- Parents or guardians should be informed as soon as reasonably possible.

8.4 Coach Transportation of Athletes on Flights

CFSC recognizes that air travel is a common and necessary part of alpine ski competition and training.

- Coaches may travel on the same commercial flights as athletes.
- Coaches may be seated near or beside athletes where seating assignments make this unavoidable.
- One-on-one seating between a coach and an athlete on a flight is permitted, provided that:
 - The flight is a commercial airline flight open to the public;
 - Other athletes, coaches, or members of the travelling group are present on the same flight;
 - No physical contact beyond what is reasonably necessary for safety or assistance occurs.
- Coaches must not intentionally isolate an athlete during air travel, including by:
 - Requesting seat changes to create one-on-one isolation;
 - Separating an athlete from teammates or travel companions without operational necessity.
- Coaches should maintain professional boundaries during flights and avoid:
 - Sharing personal devices for extended periods;
 - Engaging in private or inappropriate conversations;
 - Consuming alcohol while supervising athletes.
- Parents or guardians should be informed in advance when coaches will be responsible for supervising athletes during air travel, including during layovers and airport transfers.

9. Compliance and Enforcement

Failure to comply with this Policy may result in disciplinary action, up to and including suspension or removal from CFSC programs or roles.

All concerns, incidents, or suspected violations should be reported in accordance with [CFSC's Code of Conduct](#) reporting procedures and the applicable national reporting mechanisms.

10. Review and Amendment

This Policy will be reviewed periodically to ensure alignment with evolving Safe Sport standards, Alpine Canada guidance, and applicable laws. CFSC reserves the right to amend this Policy as required.

Approved by: Camp Fortune Ski Club Board of Directors

Date:

Appendix A – Authorities & References

This Policy is intended to align with, and be interpreted consistently with, the following national, provincial, and sport-specific Safe Sport authorities and guidance documents. Where these authorities are updated from time to time, the most current version shall apply.

A.1 Alpine Canada (ACA)

Alpine Canada has adopted the Canadian Safe Sport Program (CSSP) and the Universal Code of Conduct to prevent and address Maltreatment in Sport (UCCMS), administered by the Canadian Centre for Ethics in Sport (CCES). These documents establish standards of conduct, duties of care, and expectations for persons in authority, including during travel, accommodation, and transportation.

- Alpine Canada Safe Sport overview: <https://alpinecanada.org/safe-sport>
- Alpine Canada Athlete Protection Policy: <https://cdn.sanity.io/files/40cv6qsv/production/55e5716f906673c46cadf7f257e9d591e78629ce.pdf>
- Canadian Safe Sport Universal Code of Conduct to prevent and address Maltreatment in Sport (UCCMS): <https://sportintegrity.ca/sites/default/files/content/docs/2025-12/UCCMS-Final-E-0.pdf>

A.2 Alpine Ontario (AOA)

Alpine Ontario promotes Safe Sport principles consistent with Alpine Canada and Sport Canada, including the Rule of Two, screening requirements, and gender-appropriate supervision. These principles inform CFSC's approach to supervision, chaperoning, and travel safety.

- Alpine Ontario – Rule of Two: <https://alpineontario.ca/what-is-the-rule-of-two/>

A.3 Canadian Centre for Ethics in Sport (CCES)

The Canadian Safe Sport Program (CSSP) and the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS) provide the national framework for preventing and addressing maltreatment in sport, including abuse, harassment, and discrimination. Alpine Canada participates in the CSSP, and CFSC aligns its policies accordingly.

- Canadian Safe Sport Program Rules: <https://sportintegrity.ca/sites/default/files/content/docs/2025-01/CCES-CSSP-Final-E.pdf>

A.4 Athletics Canada – Athlete Protection Guidelines

Athletics Canada's Athlete Protection Guidelines are widely recognized across Canadian sport as a best-practice reference for athlete safety, particularly with respect to: - Definitions of persons in authority; - Travel and accommodation standards; - Avoidance of shared bedrooms and bed-sharing; - Limiting one-on-one situations between adults and athletes.

While Athletics Canada governs a different sport, CFSC relies on these guidelines as persuasive authority where Alpine-specific guidance is silent or principles-based.

- Athletics Canada Athlete Protection Guidelines:
<https://athletics.ca/wp-content/uploads/2021/08/Athletics-Canada-Athlete-Protection-Guidelines-2021-Feb-18.pdf>

A.5 Coaching Association of Canada (CAC) - Safe Sport

Creating a culture where everyone can thrive is a shared responsibility. The Safe Sport Training module developed by the Coaching Association of Canada (CAC) will help anyone involved in sport identify and prevent situations of maltreatment.

- Safe Sport Training: <https://coach.ca/sport-safety/safe-sport-training>

A.6 Coaches Association of Ontario and the Canadian Centre for Child Protection

These guidelines are intended for use by sport organizations to help establish a common understanding of expectations for increasing the protection of children/youth (athletes) taking part in overnight trips.

- Travel Guidelines to Help Protect Children in Sport:
<https://safesport101.coachesontario.ca/wp-content/uploads/2020/09/Travel-Guidelines-.pdf>

A.7 Interpretation

In the event of any inconsistency between this Policy and mandatory requirements issued by Alpine Canada, Alpine Ontario, the CCES, Athletics Canada, CAC, Coaches Association of Ontario, and the Canadian Centre for Child Protection or applicable law, the higher standard of athlete safety shall prevail.